

# Senior Citizen and Aging Resource Directory

## Local

### **Baltimore City Commission on Aging and Retirement Education (CARE)**

The Equitable Building  
10 North Calvert Street, 3rd Floor, Suite 300  
Baltimore, Maryland 21202  
Website:  
[www.ci.baltimore.md.us/government/care/services.html](http://www.ci.baltimore.md.us/government/care/services.html)

E-mail: [Lisa.veale@baltimorecity.gov](mailto:Lisa.veale@baltimorecity.gov)  
410-396-4932 Voice  
410-385-0381 - Fax  
410-396-CARE (2273) - Services

### **Maryland Deaf Senior Citizens**

Joe Rose, President  
[www.mddeafseniors.org](http://www.mddeafseniors.org)  
E-mail: [Jsrose2003@aol.com](mailto:Jsrose2003@aol.com)  
Jeanne Lambert, Secretary  
E-mail: [mdscsecretary@gmail.com](mailto:mdscsecretary@gmail.com)

*Events are held at the Margaret Schweinhaut Senior Center, 1000 Forest Glen Road, Silver Spring, MD 20901.*

### **MAC Incorporated**

Area Agency on Aging  
Lower Eastern Shore (Dorchester, Somerset, Wicomico and Worcester Counties)  
1504 Riverside Drive  
Salisbury, MD 21801  
Website: [www.macinc.org](http://www.macinc.org)  
Email: [macmail@macinc.org](mailto:macmail@macinc.org)  
410-742-0505 - Voice  
410-742-0525 - Fax

## State

### **Maryland Department of Aging**

301 West Preston Street, Suite 1007  
Baltimore, MD 21201  
Website: [www.mdoa.state.md.us](http://www.mdoa.state.md.us)  
E-mail: [www.mdoa.state.md.us/mailformn.html](http://www.mdoa.state.md.us/mailformn.html)  
410-767-1100 - Voice  
1-800-243-3425 - Voice (Toll Free)  
410-333-7943 - Fax

### **Maryland Association of Senior Centers (MASC)**

P.O. Box 1149  
Glen Burnie, MD 21060-1149  
Website: <http://marylandseniorcenters.com/>

### **AARP Maryland State Office**

200 Saint Paul Place, Suite 2510  
Baltimore, MD 21202  
Website: [www.aarp.org/states/md](http://www.aarp.org/states/md)  
E-mail [mdaarp@aarp.org](mailto:mdaarp@aarp.org)  
866-542-8163 – Voice (Toll Free)  
410-837-0269 – Fax

## National

NAD'S SENIOR RESOURCES Website:  
(A joint project of National Association of the Deaf and Deaf Seniors of America)  
Website: [www.nad.org/SeniorResources](http://www.nad.org/SeniorResources)